

# Selected Healthy Hancock Accomplishments

June 2006

*\*\*NOTE: These are the accomplishments of Healthy Hancock as an entity – cumulative accomplishments of member coalitions and organizations are not included in this list.*

## Programs

- **Lose & Win** – HH Education Committee developed and implemented this award-winning countywide program on exercise, healthy eating, healthy lifestyle choices and weight loss. Businesses and schools across the county form teams, and participate in weekly meetings, group exercise events, incentives, and more. Approximately 400 participants each year. Media is coordinated countywide. In years prior to Lose & Win, HH implemented Move & Improve and the 8 Countries of Maine.
- **“Common Health”** – Monthly radio program, third Wednesdays at 10:00 AM on WERU 89.9 FM.
- **Annual Legislative Breakfasts** – state legislators from around the county come together with HH members to talk about health status, local coalitions’ work in promoting health and building positive health outcomes, and to draw attention to areas where legislative action can support local, county-wide, and state health goals
- **Smart Growth Programming**– including “Save our Land, Save our Towns” events, and *environmental strategies* to create public spaces including trails, parks, gardens & playgrounds.

## Community Support

- **Hancock County Food Pantry Network** – HH Nutrition Task Force conducted research on local nutrition issues and opportunities for action (power-mapping), and then developed a county-wide network where directors of food pantries meet quarterly to discuss issues, and work together on solutions for bringing healthier foods to their clients.
- **Leveraging Resources** – HH has leveraged approximately \$450,000 in resources over 3 years for local and countywide health-related work, including OSA, Women & Tobacco, more
- **Comprehensive Service Area Health Assessments** - some are available online at [www.healthyhancock.org](http://www.healthyhancock.org)

## Environmental Strategies

- **Tobacco Free Hospital Policies** – HH members worked with the three Hancock County hospitals to develop tobacco-free campus policies. Policies were adopted countywide on the same day, November 30, 2002, in coordination with the Great American Smokeout.
- **DA Diversion Program for juvenile tobacco offenders** – developed and implemented countywide.
- **OSA Environmental Strategies** – “Communities Mobilizing for Change on Alcohol” policies and initiatives, and “Creating Lasting Family Connections” programs have been institutionalized across the county